



DR. POONAM BALI
HOLISTIC HEALTH | INTEGRATIVE MEDICINE
Since 1996

"BLISS" CONSULTATIONS

	Rs.	Duration
Detailed Consult With Lifestyle, Diet, Past, Present, Family, Emotional History	4500	45 mints
Detailed consult	3500	25 mints
Short Consult	2000	15 mints
Follow Up	500-1200	10/15 mints

Note- All options include Homoeo Remedies and Supplements, Except Vitamins, also includes Diet Chart, Treatment plan, Lifestyle change Advice.



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'BLISS' DETOX THERAPY RANGE (SIGNATURE)

Treatments	Rs.	Duration
Colon Hydrotherapy (With Mud Pack + Acupressure)	4000	50 mints
Liver & Gall Bladder Cleanse	2500	5.5 Days
Bliss Detox Body Scrub (Organic and Freshly Made)	2500	45 mints
Drainage Oil Therapy	2500	60 mints

**Note: These Treatments comes under "Bliss" 7
Days Full Body Detox Plan.**



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❖ **WET - BODY DETOX**

Rs

❖ FAR INFRA RED SAUNA 30 MINTS 1500

TURKISH (STEAM) BATH 500

❖ OZONE STEAM BATH 1200

❖ These are

'BLISS' SIGNATURE TREATMENTS